Hello! I’m Jake Livengood.

- Liaison to MIT PhD students from all departments
- Worked in career services since 2005 at six colleges/universities
- PhD in Educational Leadership, Masters in Social Work

Hello! I’m Emily Taylor.

- Associate Director, Student/Alumni Engagement
- Been at MIT since 2016
- Worked in various areas of education and relationship building
Today’s agenda

• Overview of our services for CAPD & Alumni Association.
• Help with your questions
• Share awesome resources
Explore your options. Find your place. And let us help you get there.
So many options. We help you decide and implement.

• Serve all MIT graduate students, MIT postdocs and MIT undergraduates
• MIT’s hub for: Career advising, distinguished fellowships advising, pre-health advising, professional development
• Help you with career decision-making, job search, professional development and growth: Individual appointments, workshops, events, Handshake job/internship board
• We’ve been described as a place where you will:
  Find trusted advisors, gain skills, preparation, practice, expertise, an understanding of you and a robust network
• For MIT attendees...Individual appointments: Postdocs with Simona Rosu; Grad students with Jake or a CAPD advisor. Schedule here.
• Keep updated about events:

Join the Grad Career Newsletter

[QR Code]
MIT Alumni Association

• Connect with your MIT alumni network! There are 141,000 MIT alumni around the world... and sometimes a couple in space.
• Two resources most helpful to students:
  • **Alumni Advisors Hub**: 2,000+ alumni volunteers who want to connect with students on a range of topics (only for students and alumni)
  • **Online Alumni Directory**: lists all 141,000 MIT alumni with self-reported business and contact information.
Submit questions in the Q & A area. We’ll try to get to all of them.

Ask away!
On Menti.com ...
Today, I want to know more about...
On Menti.com ... 
How I feel when I think of doing the job search...
Career decision-making: It’s quite messy! (video)

Success

what people think it looks like

what it really looks like
Mindsets for adaptability: Design thinking

REFRAMING

MINDFULNESS OF PROCESS

RADICAL COLLABORATION

CURIOSITY

BIAS TOWARD ACTION

Source: Stanford d.school
Career planning: Ongoing process

Job Search/Action Plan
- Resumes, Interviews,
  Networking

Focusing
- Which organizations are a good fit?
- What do I need to be competitive?

Exploration
- What’s out there? What options do I have? What jobs fit my skills? What careers can use them?

Self Assessment
- Who am I? What are my interests? What kinds of skills do I have?
- What are my work-related values? What is my work style?

From Peter Fiske: To Boldly Go: Practical Career Advice for Scientists, Workshop at MIT. Modified from Stanford University
Free PDF from CAPD

- Self-assessment section
- Resume and cover letter examples: Non-academic and academic
- Interview strategy

- Access here.
Success is an iceberg

SUCCESS!

- Persistence
- Failure
- Sacrifice
- Dedication
- Hard work
- Good habits
- Good habits
- Disappointment

What people see:

What people don’t see:
Key approach: Networking
Some common reactions
So why do so many feel this way?

- Networking is difficult!
- There are cultural differences and norms with this.
- Talking about yourself can be awkward.
Networking is not...

Being phony or pushy

Networking is....

Active process of helping & genuinely making connections

REFRAMING
Informational Interviews (or Career Conversations)

• You interviewing them (NOT a job interview)
• Look for AIR: Advice, Information, Referrals
• Brief – ask for 20 minutes
• People like to help (Ex: Asking for directions)
• Designing Your Life/Career Video approaches and tips

Like asking for directions
Connect: MIT Alumni Advisors Hub (MIT students only)
Dear Dr./Mr./Ms. ______,

I am a PhD student at MIT in Chemistry with an interest in data science. One area that particularly interests me is using data to make healthcare decisions. I found your name through the MIT Advisors Hub and was interested to see that you are working with IBM Watson. Also, your colleague Phil Roslindale suggested I contact you because he thought you would be an excellent source of information and advice for me.

I am writing to ask if we might have a 20-minute conversation about your work and your experience. It would be very helpful for me to get your perspective as I look at future career options. My time is flexible most afternoons after 2:00 pm, and I can be available at other times as well. I would be happy to come to your office or talk by phone if that is more convenient. Thank you for your consideration.

Best,
Christiana Southie
Upcoming networking events

• Upcoming MIT Fall Career Fairs – 6 fairs throughout starting Sept. 25. Student and postdoc registration starts September 1.

• MIT students and postdocs: Check out “events” tab under Handshake

• Alumni Association Events

• Your department and professional association events in your interest/research area
Key approach: Online search, job postings

- **Handshake** (for MIT students and MIT postdocs)
- LinkedIn – Job board, connections, recruiters hang out here, examples of your work
- Indeed (has many specific country versions)
- Job boards for your discipline, professional associations
- International job searching – [Goingglobal](http://www.goingglobal.com) through MIT, [jobs.ac.uk](http://www.jobs.ac.uk)
- Higher Ed: [Chronicle](http://www.chronicle.com), [HigherEdJobs](http://www.higheredjobs.com)
Next steps: When should I start looking?

- Answer varies widely depending on the industry. Never too early to start networking.
- NOTE: Pandemic has delayed many industry timelines due to shifting economy, demand, logistics.
- **PhD Timelines PDF** - General peak PhD recruitment timelines for different fields and positions assuming June graduation or finishing postdoc.